

TRAVEL Schedule Highlights

Las Vegas Experience • November 15 - November 17, 2010

Whether trying your luck in the glitzy casinos, dining in gourmet restaurants, taking in a show or simply enjoying the sights and sounds of The Strip, Las Vegas can be your perfect vacation.

Spa Package in Arizona • December 1 - December 15, 2010

Any time during the first two weeks of December enjoy this two-night spa package and immerse yourself in pure luxury at La Siena, a resort-style retirement community in Phoenix, Arizona. Pampering includes a facial and massage among other spa amenities. Take in all of the daily activities at La Siena.

Mexican Riviera Cruise • December 8 - December 15, 2010

Color, culture, intense Latin passion – Mexico has it all. Visit the chic seaside resorts of Puerto Vallarta and Cabo San Lucas after cruising the beautiful Baja coastline. This seven-day cruise travels round-trip from San Diego aboard Holland's *Amsterdam*.

Texas New Year • December 28 - January 2, 2011

Take a tour of San Antonio and enjoy a leisurely cruise along the Riverwalk. Spend New Year's Eve at the Gaylord Texan Hotel in Grapevine, Texas, enjoying a Gala Dinner Dance. Experience a private cooking class with the flavors of true Tex-Mex cuisine. Visit the Cross Timbers Winery for a little wine tasting.



LEC-0002/Q-150/5

The BELLETTINI

1115 108th Avenue NE
Bellevue, WA 98004
425.450.0800

livfun



September 2010 Events Calendar • Star Gazing





SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Locations

Bellettini Theatre, BT
Brain Gym, BG
Front Desk, FD
Grand Piano Lounge, GPL
Herb Garden, HG
Library, L

Off Property, OP
Panini's, PA
Panini's Lounge, PL
PrimeFit Gym, PFG
The Club Room, TCR
Toscano, T

Birthdays

Monabelle Miller, 9th
Mary Ovadia, 13th
Ann Neider, 17th
Pauline Velton, 24th
John Velton, 25th
Jean Waterbury, 29th
Burt Pearce, 29th



Your brain will thank you.™

See your
PrimeFit Instructor

10:00 Posture and Basic Balance Exercises, PFG
11:00 Outdoor Walking Club, PFG
2:00 World Series Prep. Beanbag Baseball, PFG
4:00 LIVE MUSICAL PERFORMANCE BY DE LIVELY, GPL
7:30 Midweek Movie: *The Guns of Navarone*, BT

10:00 Tighten and Tone, PFG
12:00 Stallion Club, T
1:00 Poker Club, TCR
3:00 BELLEVUE FARMER'S MARKET, OP

10:00 Aerobics New Class, PFG
11:00 Outdoor Walking Club, PFG
2:00 World Series Prep. Beanbag Baseball, PFG
3:00 Bridge Club, FD

11:00 Morning Olympic Warmups with Josh, PL
3:00 Five-Star Fun & Games, FD
4:00 *Weekend Theater: a Star Is Born, BT*
7:30 *Weekend Theater: a Star Is Born, BT*

11:00 Wii Workout, PFG
1:00 THE OM GROUP-MEDITATION THERAPY, BT
4:00 *Weekend Theater: On Golden Pond, BT*
7:30 *Weekend Theater: On Golden Pond, BT*

LABOR DAY
10:00 Relax and Stretch, PFG
11:00 Outdoor Walking Club, PFG
11:00 LUNCH @ POODLE DOG/BROWN & HALEY CANDY OUTLET, OP
11:30 Hook 'n' Stitch for Charity, GPL
1:00 Bellettini Artists' Studio, TCR
2:00 World Series Prep. Beanbag Baseball, PFG

10:00 Tighten and Tone, PFG
10:00 CURRENT EVENTS CATCH-UP, PL
10:45 Blood Pressure Checks and Fitness Q&A, PFG
7:30 *Mother/Daughter Chick Flick Night, BT*

ROSH HASHANAH BEGINS
10:00 Posture and Basic Balance Exercises, PFG
11:00 Outdoor Walking Club, PFG
12:00 New Resident Orientation, BT
2:00 World Series Prep. Beanbag Baseball, PFG
4:00 RON HERRING LIVE AT THE BELLETTINI, GPL
7:30 Midweek Movie: *Terms of Endearment, BT*

10:00 Tighten and Tone, PFG
12:00 Stallion Club, T
1:00 Poker Club, TCR
2:00 Foreign Languages 101, BG
3:00 BELLEVUE FARMER'S MARKET, OP
3:00 MIX & MINGLE, PL

10:00 Aerobics New Class, PFG
11:00 Outdoor Walking Club, PFG
11:30 LUNCH & FUN @ SEATTLE ARTS MUSEUM, OP
2:00 World Series Prep. Beanbag Baseball, PFG
3:00 Mahjong Club, FD

PATRIOT DAY
11:00 Morning Olympic Warmups with Josh, PL
2:00 CHEF SAM PRESENTS: COOKING 101, TCR
3:00 Five-Star Fun & Games, FD
4:00 *Weekend Theater: Funny Lady, BT*
7:30 *Weekend Theater: Funny Lady, BT*

GRANDPARENTS DAY
11:00 Wii Workout, TCR
2:00 BELLETTINI BOOK CLUB, L
4:00 *Weekend Theater: How Green Was My Valley, BT*
7:30 *Weekend Theater: How Green Was My Valley, BT*

10:00 Relax and Stretch, PFG
11:00 Outdoor Walking Club, PFG
11:30 Hook 'n' Stitch for Charity, GPL
1:00 Bellettini Artists' Studio, TCR
2:00 World Series Prep. Beanbag Baseball, PFG
2:00 THE SPIRIT OF SOUND SINGERS LIVE AT THE BELLETTINI, GPL

10:00 Tighten and Tone, PFG
10:00 CURRENT EVENTS CATCH-UP, PL
10:45 Blood Pressure Checks and Fitness Q&A, PFG
2:00 Living Well Lecture Series, PFG
7:30 *Guys' Night at the Movies! (All Are Welcome), BT*

10:00 Posture and Basic Balance Exercises, PFG
11:00 Outdoor Walking Club, PFG
2:00 World Series Prep. Beanbag Baseball, PFG
7:30 Midweek Movie: *The Last of the Mohicans, BT*

10:00 Tighten and Tone, PFG
12:00 Stallion Club, T
1:00 Poker Club, TCR
3:00 BELLEVUE FARMER'S MARKET, OP
3:00 ALL RESIDENTS' MEETING, BT

YOM KIPPUR BEGINS
10:00 Aerobics New Class, PFG
11:00 Outdoor Walking Club, PFG
11:30 SPACE NEEDLE/SEATTLE PLANETARIUM, OP
2:00 World Series Prep. Beanbag Baseball, PFG
3:00 Bridge Club, FD

11:00 Morning Olympic Warmups with Josh, PL
12:00 FAMILY DAY AT THE BELLETTINI, FD
3:00 Five-Star Fun & Games, FD
4:00 *Weekend Theater: The Princess Bride, BT*
7:30 *Weekend Theater: The Princess Bride, BT*

11:00 Wii Workout, PFG
2:00 HELPING HANDS CLUB, L
4:00 *Weekend Theater: The Four Feathers, BT*
7:30 *Weekend Theater: The Four Feathers, BT*

10:00 Relax and Stretch, PFG
11:00 Outdoor Walking Club, PFG
11:00 LUNCH @ PURPLE CAFE & COLUMBIA WINE TASTING, OP
11:30 Hook 'n' Stitch for Charity, GPL
1:00 Bellettini Artists' Studio, TCR
2:00 World Series Prep. Beanbag Baseball, PFG

10:00 Tighten and Tone, PFG
10:00 CURRENT EVENTS CATCH-UP, PL
10:45 Blood Pressure Checks and Fitness Q&A, PFG
7:30 *Movie Lottery, BT*

10:00 Posture and Basic Balance Exercises, PFG
11:00 Outdoor Walking Club, PFG
2:00 World Series Prep. Beanbag Baseball, PFG
4:00 LIVE AT THE BELLETTINI: DENNIS KIZANIS, GPL
7:30 Midweek Movie: *Billy Elliot, BT*

FIRST DAY OF FALL
10:00 Tighten and Tone, PFG
12:00 Stallion Club, T
1:00 Poker Club, TCR
3:00 BELLEVUE FARMER'S MARKET, OP
3:00 LIVING WELL WITH LAUGHTER PARTY!, GPL
7:30 WINE & CHEESE UNDER THE STARS, FD

10:00 Aerobics New Class, PFG
11:00 Outdoor Walking Club, PFG
11:00 ANGEL OF THE WINDS CASINO TRIP, OP
2:00 World Series Prep. Beanbag Baseball, PFG
3:00 Mahjong Club, FD

11:00 Morning Olympic Warmups with Josh, PL
1:15 TRIP TO THE VILLAGE THEATER: THE FULL MONTY, OP
2:00 Cooking for Fun, TCR
3:00 Five-Star Fun & Games, FD
4:00 *Weekend Theater: Cabaret, BT*
7:30 *Weekend Theater: Cabaret, BT*

11:00 Wii Tournament, TCR
2:00 EXCURSION/TRAVEL CLUB, L
4:00 *Weekend Theater: Meet Me in St. Louis, BT*
7:30 *Weekend Theater: Meet Me in St. Louis, BT*

10:00 Relax and Stretch, PFG
11:00 Outdoor Walking Club, PFG
11:30 Hook 'n' Stitch for Charity, GPL
1:00 Bellettini Artists' Studio, TCR
2:00 World Series Prep. Beanbag Baseball, PFG

10:00 Tighten and Tone, PFG
10:00 CURRENT EVENTS CATCH-UP, PL
10:45 Blood Pressure Checks and Fitness Q&A, PFG
2:00 Living Well Lecture Series, PFG
7:30 *New Release Movie Night, BT*

10:00 Posture and Basic Balance Exercises, PFG
11:00 Outdoor Walking Club, PFG
2:00 World Series Prep. Beanbag Baseball, PFG
7:30 Midweek Movie: *Holiday, BT*

10:00 Tighten and Tone, PFG
12:00 Stallion Club, T
1:00 Poker Club, TCR
3:00 BELLEVUE FARMER'S MARKET, OP
4:00 Lewis Kizanis and Jacob Smith Performing Live, GPL

Transportation

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| Monday | 9:00 am-5:00 pm | Local Bellevue Area |
| Tuesday | 9:00 am-5:00 pm | Local Bellevue Area |
| Tuesday | 9:00 am-3:00 pm | Service to Kirkland |
| Wednesday | 9:00 am-5:00 pm | Local Bellevue Area |
| Thursday | 9:00 am-3:00 pm | Service to Downtown Seattle |
| Thursday | 9:00 am-5:00 pm | Local Bellevue Area |
| Friday | 9:00 am-4:00 pm | Local Bellevue Area |
| Saturday | 10:00 am-4:00 pm | Local Bellevue Area |
| Sunday | 8:30 am-3:00 pm | Local Bellevue Area |